

# JUNIOR ROCKY MOUNTAIN OPEN

January 17 - 19, 2025

*US Air Force Academy  
Colorado Springs, Colorado*



**Welcome to the 17<sup>th</sup> Annual Junior Rocky Mountain Open!**

## **FINAL SCHEDULE!!**

**Friday Jan 17, 2025**

### **Session I (Warm Up - Compete) – Levels 7 & 8**

**8:00 am – Gym Opens  
8:25 am – March In  
8:30 am – Warm Up 1<sup>st</sup> Event  
12:30 pm – Awards**

### **Session II (Warm Up - Compete) – Level 9**

**1:00 pm – Gym Opens  
1:25 pm – March In  
1:30 pm – Warm Up 1<sup>st</sup> Event  
4:00 pm – Awards**

**JRMO Admission: Adults \$10 / Session  
(Cash Only) Children under 12 \$5 / Session  
Children under 3 are free**

# Welcome to the 17<sup>th</sup> Annual Junior Rocky Mountain Open!

## **FINAL SCHEDULE!!**

**Saturday Jan 18, 2025**

### **Session III (Warm up - Compete) – Level 3**

**7:30 am – Gym Opens**

**7:55 am – March In**

**8:00 am – Warm Up 1<sup>st</sup> Event**

**11:00 am – Awards**

### **Session IV (Warm Up - Compete) – Level 10**

**11:30 am – Gym Opens**

**11:55 am – March In**

**12:00 pm – Warm Up 1<sup>st</sup> Event**

**4:00 pm – Awards**

**JRMO Admission: Adults \$10 / Session  
(Cash Only) Children under 12 \$5 / Session  
Children under 3 are free**

## **Rocky Mountain Open College Meet - 6:00 pm**

**Some of the best college teams and athletes in the country will be competing, including Air Force, Arizona State, Nebraska, Oklahoma, Rocky Mountain Mavericks, Simpson, and Stanford. This will be a great night of gymnastics!!**

**Admission fee will be charged by the Air Force Academy  
(AFA admission and concessions are cashless)**

# Welcome to the 17<sup>th</sup> Annual Junior Rocky Mountain Open!

## **FINAL SCHEDULE!!**

**Sunday Jan 19, 2025**

### **Session V (Warm Up - Compete) – Level 4**

**8:00 am – Gym Opens**

**8:25 am – March In**

**8:30 am – Warm Up 1<sup>st</sup> Event**

**12:00 pm – Awards**

### **Session VI (Warm Up - Compete) – Levels 5 & 6**

**12:30 pm – Gym Opens**

**12:55 pm – March In**

**1:00 pm – Warm Up 1<sup>st</sup> Event**

**4:30 pm – Awards**

**JRMO Admission: Adults \$10 / Session**  
**(Cash Only) Children under 12 \$5 / Session**  
**Children under 3 are free**